

ST NICHOLAS SENSORY ASSESSMENT CHECKLIST

NAME	DATE	CLASS
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TACTILE

	yes	no	Don't know	Child's reaction
Avoids casual touch by peers or adults				
Craves physical contact				
Hugs very tightly				
Distressed by messy hands				
Dislikes certain textures				
Craves certain textures				
Sucks/chews clothing				
Sucks/chews self				
Sucks/chews objects				
Removes clothing				
Prefers bare foot				
Distressed at hair brushing, teeth cleaning				
Dislikes cold				
Dislikes hot				
Craves cold				
Craves hot				
Disturbed by vibration				
Tactile stims - tapping, rubbing, squeezing, banging, scratching				

VISION

	yes	no	Don't know	Child's reaction
Makes poor eye contact				
Squints, blinks or rubs eyes frequently				
Covers eyes				
Difficulty with hand eye coordination				
Difficulty copying from board				
Distracted by lights				
Dislikes flickering lights				
Fascinated by shiny objects or bright colours				
Distressed with dark spaces				
Struggles to follow moving objects or people				
Over stimulated in busy environments				
Cautious of changes in floor surfaces				
Enjoys certain patterns				
Appears not to see certain colours				
Uses peripheral vision when doing a task				
Visual stims - hand flapping, flicking fingers in front of eyes, spins objects				

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VESTIBULAR/BALANCE

	yes	no	Don't know	Child's reaction
Avoids changes in head position				
Seems clumsy/moves awkwardly				
Excessively cautious on stairs				
Becoming anxious or distressed when feet leave the ground				
Slumps in chair				
Sits in W position				
Needs support for floor sitting				
Touches furniture or walls when walking				
Toe walks				
Rocks in chair				
Wraps legs round chair				
May fall out of chair				
Leaning on something or someone whilst sitting on floor				
Has poor balance				
Has extremely good balance				
Fidgets constantly				
Appears always on the go				
Appears passive and hard to 'wake up'				
Gets dizzy easily				
Avoids being on moving objects				
Craves being on moving objects				
Vestibular stims - spinning, rocking, jumping				

AUDITORY

	yes	no	Don't know	Child's reaction
Distressed by loud noises				
Likes loud noises				
Disturbed by sounds such as musical instruments and singing				
Craves by sounds such as musical instruments and singing				
Covers ears				
Speaks with loud voice				
Speaks with unusually quiet voice				
Doesn't seem to hear you				
Difficulty filtering out noise				

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Frequent outbursts in certain environments				
Seems to learn more easily in 1-1 situations than in a group				
Very good auditory memory for songs				
Auditory stims: hums, repeats, makes odd noises, tapping ears, snapping fingers, making vocalisations				

PROPRIOCEPTION

	yes	no	Don't know	Child's reaction
Poor body awareness				
Cannot identify body parts				
Bumps into things				
Difficulty grading force - breaks things easily				
Drops items				
Has a weak grasp				
Crashes and falls purpose				
Doesn't seem to hear you				
Lays down on floor at inappropriate times				
Tires easily				
Props to support self				
Seeks deep pressure				
Likes being upside down				
Proprioceptive stims: shaking				

SMELL AND TASTE

	yes	no	Don't know	Child's reaction
Complains about smells				
Complains about tastes				
Dislikes certain everyday smells				
Dislikes crunchy/dry foods				
Prefers crunchy/dry foods				
Dislikes chewy foods				
Prefers chewy foods				
Likes food displayed on plate in a particular way				
Picky eater				
Self- limited diet				
Eats non edible materials				
Mouths or licks objects or people				
Smells objects and people				
Doesn't seem to notice strong odours				

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Eats food in a certain order				
Smelling objects, sniffing people				
Licking objects/placing objects in mouth				
Sucks body parts				
Smell and Taste stims:				

BEHAVIOUR, LEARNING AND SOCIAL ISSUES

	yes	no	Don't know	Child's reaction
Craves predictability				
Engages in repetitive play				
Doesn't understand concept of personal space				
Difficulty joining group activities				
Difficulty with transitions				
Difficulty in initiating and completing tasks				
Struggles with sequencing activities				
Difficulty finishing an activity				
Poor personal organisation				
Easily frustrated				
Appears to become withdrawn				
Frequent outbursts				
Clears surfaces				
Does not recognise familiar people in unfamiliar clothes				
Remembers routes and places extremely well				
Can memorise large amounts of information on certain topics				
Echolalia				
Seems unaware of pain and temperate				
Crawling along floor				

ENVIRONMENTAL FACTORS (including people)

Adverse to cluttered/busy environments				
Reacts to pitch of voices eg high, low, soft, loud				
reacts of certain smell of people eg perfume/deodorant				
Reacts to cooking smells				
Reacts to peoples clothing eg colour, pattern, brightness				
Fascinated with buttons, laces or zips				
Has preferences to hair being up or down				
Aversive to bright lights				

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Aversive to dim lights eg turns off				
Likes warm environment				
Dislikes warm environment				
Likes cold environment				
Dislikes cold environment				